

# Canine Freestyle Trick Titling Submittal Procedures and Rules



1. Fill out the entry form
2. Read all rules and procedures
3. Send entry form via email or mail to:

**Pam's Dog Academy  
3610 Wisecarver Lane  
Jamul, CA 91935**

4. You may pay by PayPal or mail checks/money orders to:  
**Pamela Johnson. Entry Fee: \$15 per level/per dog**

## **Eligibility**

1. All breeds as well as mixed breeds of dog may enter.
2. Competitors of any age can enter with a parent signature.
3. Dogs must be trained with positive methods. If a dog looks unhappy, ears low, avoiding handler, tail between legs, yawning or showing any signs of stress signals, the team will not be awarded a title. Dogs that are trained with positive methods will appear happy, willing, and enthusiastic while performing will be eligible.
4. Tricks can be rewarded with treats or food AFTER the dog has performed the trick. However, Canine Freestyle Tricks **CAN NOT** be lured with food or toys. Tricks can be performed using hand targeting, following a visual or verbal cue.

# Canine Freestyle Tricks List

## Levels:

Rookie - 10 Tricks from the list

Novice - 15 Tricks from the list

Intermediate - 20 Tricks from the list

Advanced - 25 Tricks from the list

Master - 35 Tricks from the list

CF TRICK	Description	Date	WITNESS Initials
Heel/Side	This is the position at your left or right side moving forward.		
Heel/Side Side Pass	The dog is in the heel or side handler moves to one direction and the dog moves with the handler to maintain the position.		
Heel/Side Backward Pivot	With the dog at the heel or side position, the handler backs up in a circular or box type pattern and the dog backs up and remains in the heel or side position. This can be used to change directions or can be performed as one tight backward turn with the dog pivoting to remain at the heel or side position.		
Heel/Side with a spin left	The dog spins outward at either the heel or side position.		
Front	The dog is positioned right in front of the handler, facing the handler.		
Come - Recall	Dog runs toward the handler and stops in the front position.		
Back-up Front	Dog is in front of the handler and can either back up as the handler moves toward the dog or back up as the handler backs up to create more distance between handler and the dog.		
Back-up at heel/side	Dog is at the handlers heel or side position and can back up next to the handler as the handler backs up in a straight line. As few as one step backwards to multiple steps backwards.		

CF TRICK	Description	Date	WITNESS Initials
Front side step (side pass) to the right/left	The dog is in the front position and as the handler moves lateral to the right or left or even in a circle, the dog also moves lateral with the handler.		
Spin/Twirl Front	The dog turns to his right or left in a complete circle. This trick can be performed with the dog in front, at the heel or side position, behind the handler, and at a distance. This trick can be done stationary or moving.		
Over	Dog jumps over the handlers arm, leg, back, cane, etc... Kneeling, Standing, or Crawling.		
Under	Dog goes under the handler when on hands/knees or hands/feet.		
Arms	Dog jumps into the handlers arms.		
Boing	Dog leaps into the air with all 4 paws off the ground.		
Up	Dog stands up on his hind legs (can be stationary or moving, Supported or Unsupported).		
Pretty	Dog sits on his hind legs and lifts his upper body off the ground.		
High 5	Dog touches the handlers hand with his paw or foot		
High 10	Dog touches both the handlers hand with his paw & foot		
Paws up	Dog places his paws up onto something, your knee, your back, or a prop.		
Chorus line kicks	The dog is next to the handler at the heel or side position and as the handler lifts their right foot, the dog will also lift his right paw and when the handler lifts their left foot, the dog will lift his left paw.		
Limp with front paw	The dog holds up one paw as he hops forward or backward as if he is injured.		
Limp with hind paw	The dog holds up one paw as he hops forward or backward as if he is injured.		

CF TRICK	Description	Date	WITNESS Initials
Leg weave	As the handler walks the dog weaves the legs back and fourth. There are many variations of this trick. 101 Ways to Leg Weave Video: <a href="http://www.youtube.com/watch?v=rGn5aK_BPhI">http://www.youtube.com/watch?v=rGn5aK_BPhI</a>		
Around	The dog goes around the person or an object to the right side and circles the object or person completely. This is just my cue for it, you can use a different one if you want. The handler can remain stationary or turn in the same or opposite direction that the dog is moving.		
Behind	The dog goes behind the person or an object to the left side and circles the object or person completely. This is just my cue for it, you can use a different one if you want. The handler can remain stationary or turn in the same or opposite direction that the dog is moving.		
Backward Circles	The dog is at the heel or side position and moves backward around the handlers legs. This can be done going to the right & the left. My cues are spin and reverse for this. You can choose any cue you want, but make different ones for each direction.		
Circle one Leg	The dog circles one of the handlers legs going in either direction, but continuous.		
Wide Circles	The dog circles the handler in wide large circles going either to the right or the left.		
Middle	Dog moves with the handler in between the handlers legs. Moving forward, backward, or in a circle.		
Scoot	The dog is in a down position and then he lifts his hind end off the ground and moves backward on the ground with his paws stretched out in front of him.		
Roll Over	From a down position the dog rolls onto his back and then completely over. This can be done with the dog in front, behind the handler, next to the handler as the handler jumps over the dog and at a distance as the handler turns or does a roll over too. Just a few ideas!		

CF TRICK	Description	Date	WITNESS Initials
Play Dead	From a down position the dog rolls onto his back and either remains on his side or he lifts all 4 paws up in the air and remains on his back as if he were dead.		
Crawl	The dog is in a down position and moves forward as if he is going under something and his stomach remains on the ground. This could be done at the heel or side position, middle, in front of the handler moving forward, crawling leg weave, or crawling around/behind the handler. Try them all...		
Bow	The dog lowers the front end while keeping the back end up. Try this from a down to a bow, stand to a bow, and a sit to a bow.		
Hold an Object	The dog holds an object in his mouth and can perform a variety of tricks like this. Hold a sword and sit pretty is just one example of how this could be used in a routine.		
Carry an Object	The dog holds an object in his mouth and moves with it around the ring. Example: The dog could hold a sword and chase the handler with it.		
Retrieve an Object	The dog fetches an object and brings it back to the handler in the routine. Example: The sword drops on the ground and the dog brings it back to the handler.		
Pick Pocket	The dog takes an object out of the handlers pocket.		
Cover Nose	The dog uses one or both paws to cover his nose or his eyes. You can teach your dog to do both tricks.		
Shake Off	The dog shakes his entire body as if he just had a bath.		
Tricks facing away from the handler.	To make your routine more interesting try to have your dog do tricks that are facing away from you. Examples: Bow, walk forward in front of you, sit pretty, up on hind legs, side step, crawl, and the list goes on.		

CF TRICK	Description	Date	WITNESS Initials
Tricks behind the handler	To make your routine more interesting try to have your dog do tricks that are behind you. Examples: Bow, walk forward in front of you, sit pretty, up on hind legs, side step, crawl, and the list goes on.		
Cross Paws	The dog crosses one paw over the other. The handler could cross one of their own legs and the dog crosses his paw over his other paw at the same time.		
Cop Cop	The dog goes in between the handlers legs and places his paws on the handlers feet. The handler can walk forward, backward, or in a circle with the dogs paws on her feet.		
Rebound	Dog jumps up and off the handlers chest, back or thigh.		
Thigh Vault	The dog uses the handlers leg as a vaulting platform and is able to jump up and off. The height of the jump should be low to prevent too much stress on the joints.		
Back Vault	The dog uses the handlers back as a vaulting platform to jump up and off. The height of the jump should not be too high as to prevent injury and stress on the joints.		
Back Stall	Dog jumps up and on the handlers back.		
Foot Stall	Dog jumps up and on the handlers feet and balances there.		
Go #1 - Hike hind leg...	The dog lifts his hind leg as if he is peeing and going #1. The dog could do this on a prop or the handler.		
Speak	Barking on Cue		
Head Nodding Yes...	Dog moves his head in a way that looks like he is saying, "Yes".		
Head Nodding No...	Dog moves his head in a way that looks like he is saying, "No".		

CF TRICK	Description	Date	WITNESS Initials
Hiding in a corner...	Dog looks like he is in a time out...		
Sneezing	The dog sneezes on cue or when the handler sneezes the dog will get the handler a tissue.		
Scratching	The dogs scratches as if he has a flea or is itching naturally, but it must be on cue.		
Cartwheel	The dog jumps up in the air and looks like he is doing a cartwheel. <a href="http://www.youtube.com/watch?v=IaUTkM_LgUs">http://www.youtube.com/watch?v=IaUTkM_LgUs</a>		
Your choice TRICKS...	Any trick that is not listed that you could put into a canine freestyle routine can be added and used for any of the levels. Just specify in the video or on the paperwork what you call the trick. :)		

### **Rookie Canine Freestyle Trick Title (RCFT)**

Dogs can perform 10 Canine Freestyle Tricks from the list. Any 10 on the list will count for this level. Only a WITNESS is needed at this level.

### **Novice Canine Freestyle Trick Title (NCFT)**

Once you earn your RCFT and add 5 more Canine Freestyle Tricks from the list **(one of which must be heeling on the left and right side)** to earn your NCFT. At this level the dog should be able to perform a total of 15 Canine Freestyle Tricks. Only a WITNESS is needed at this level.

### **Intermediate Canine Freestyle Trick Title (ICFT)**

Once you have earned your NCFT, and are able to perform 5 more Canine Freestyle Tricks from the list **(one of which must be a stationary pose trick such as a held bow, sit pretty, etc...)** to earn your ICFT.

At this level the dog should be able to perform a total of 20 Canine Freestyle Tricks. **This level that requires a video to prove that the dog does know the tricks.**

### **Advanced Canine Freestyle Trick Title (ACFT)**

Once you have earned your ICFT, and are able to perform 5 more Canine Freestyle Tricks from the list **(one of which must be a circular trick such as wide circles and backward circles)** to earn your ACFT.

At this level the dog should be able to perform a total of 25 Canine Freestyle Tricks. **This level that requires a video to prove that the dog does know the tricks.**

### **Master Canine Freestyle Trick Title (MCFT)**

Once you have earned your ACFT, and are able to perform 10 more Canine Freestyle Tricks from the list **(one of which must be holding an object, carrying an object, and or retrieving an item)** to earn your MCFT.

At this level the dog should be able to perform 35 Canine Freestyle Tricks. **This level that requires a video to prove that the dog does know the tricks.**



# Canine Freestyle Trick Title Descriptions

## Video Rules for Intermediate, Advanced, and Master Canine Freestyle Trick Title

1. The whole body of both the dog and the human team member must be visible at all times during the filming of the freestyle trick.
2. You may edit the footage in order to put the tricks you are showing in order to earn a specific title. You can put a title on the video with the name of the trick your dog is doing.
3. On an editing program, add this information to the beginning of your video as a title page: **Date, Level, Handler's Name, Dog's Name, and Dog's Breed, Handler's Country and a list of all the canine freestyle tricks performed in the video.**

**You can submit your video to Pam's Dog Academy anytime.**

## Recommendations for filming

1. Do not pan and zoom in too much.
2. Choose a well lit area.
3. Have an assistant film you or use a tripod to film your canine freestyle tricks.
4. Practice filming and review the footage to see if the camera settings need to be adjusted.
5. For best results film outside with overcast clouds, sun, or indoor lights, Avoid dappled light or light and shadow, as the camera will have difficulty transitioning. Try not to film at dawn and dusk when not enough light is available.

## Submission Format Guidelines

**YouTube link to your performance** - This is the easiest way to submit your canine freestyle tricks. Make sure that the link remains functional. If you do not want the World to see your video, when you upload make it an unlisted link that only those with the link will be able to view. Send the link of your freestyle tricks to [pamsdogacademy@gmail.com](mailto:pamsdogacademy@gmail.com)

YouTube submissions should include the following information: This information should be at the beginning of the video, as well as in the video description: **Date, Level, Handler's Name, Dog's Name, and Dog's Breed and Handler's Country.**

At this time entries may only be submitted through YouTube via the internet. To do this you must have a YouTube account. Creating an account is simple, can be done within minutes and all you need is one email address.

Create a YouTube account by going to this link:

[http://www.youtube.com/create\\_account?next=None](http://www.youtube.com/create_account?next=None)

To upload your video to YouTube, read these very simple instructions:

<http://www.google.com/support/youtube/bin/answer.py?hl=en&answer=57924>

Once you have uploaded your video and it has processed, go to where you can play the video and copy the URL (the code that is in the white bar at the top of most browsers used to surf the internet). Here is an example of what the code will look like: <http://www.youtube.com/watch?v=sGlj2JSKdFM>

Now paste the URL (the code you copied) of your video into the body of an email made out to [pamsdogacademy@gmail.com](mailto:pamsdogacademy@gmail.com)

In the **SUBJECT** of the email put your full Name and Freestyle Trick Video Titling Program.

**Example:** Subject: Jane Doe, Freestyle Trick Video Titling Program.

In the body of the email after the link to your video please provide the following information:

**Date, Level, Handler's Name, Dog's Name, and Dog's Breed and Handler's Country.**

Keep in mind that with all formats, the higher the quality, the better your freestyle tricks will appear.

**ALL VIDEO'S SUBMITTED WILL BE JUDGED AND QUALIFYING SCORES, LEGS, AND TITLES WILL BE POSTED AT [www.pamsdogtraining.com](http://www.pamsdogtraining.com) AT THE END OF EVERY MONTH.**

Good Luck and REMEMBER to have FUN with your DOG!